GROW MODEL QUESTIONS

GOALS

- "So what opportunities do we have?"
- "So what direction are we going in today?"
- Way "So which way would you like to go?"
- Path "What Path would you like to take?"
- Road "What road would you like to take today?"
- Approach "What approach looks most appealing for you?"
- Accomplish "What would you like to accomplish?"
- Significance "What is significant/importance about that?"

REALITY

- Truth "What is the truth today about where we are?"
- Facts "What are the facts today?"
- Actually "What has actually happened?"
- Reality "What is the reality of your situation?"
- **Reflection** "Reflecting on where we are at....?"
- Proof "What can you prove about that?"
- Where are we at "So where are we at right now?"

OBSTACLE PPORTUNITY

- Obstructions "What obstructions could get in your way?"
- Roadblocks- "What roadblocks could get in the way?"
- Barriers- "What barriers could get in the way?"
- Difficulties- "What difficulties could get in the way?"
- Blockades- "What blockades could get in the way?"
- Occasions- "What occasions could open up for you?
- Openings- "What openings are available to you?"
- New Worlds- "What new Worlds do you see opening up for you?"
- Opportunities- "What opportunities are waiting for you on the other side?"

WAY ORWARD

- "What is the way forward?"
- "Where do we go from here?"
- "What is next?"
- "What approach would you like to use?"
- "What system would you like to apply?"
- "What means would you like to use?"
- "What technique would work best?"
- "What tactic seems to be most beneficial?"
- "What style do you feel most comfortable with?"